



# Addiction Recovery Environment Homes LLC

## (A.R.E. Homes LLC)

### APPLICATION FOR ADMISSION – PLEASE PRINT CLEARLY

To be accepted into A.R.E. Homes LLC you must complete this entire application and be interviewed by the House Manager and owner. Carefully read the application and honestly answer the questions. This information will be kept confidential and will be used for admissions purposes only.

#### Personal Information

Date You Would Like to Enter A.R.E. Homes LLC \_\_\_\_\_

Name:

First, Middle, Last: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Recovery Date: \_\_\_\_\_

Current Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

#### Primary Emergency Contact Information

#### Secondary Emergency Contact Information

Name/Relationship:	Name/Relationship:
Address:	Address:
Phone:	Phone:
Email:	Email:

Are you currently employed? \_\_\_\_\_

If yes, Employers Name: \_\_\_\_\_ Phone: \_\_\_\_\_

\*\*\*Please note, we will not call your employer without your permission and we are bound to confidentiality by HIPPA Laws

**Using History: Please provide a brief history of your substance abuse in your own words. Include when you started using, what types of substances you used, how much and for how long.**

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

Have you ever been to a treatment facility for alcoholism or drug addiction? \_\_\_\_\_

If Yes, Please list the last treatment provider, date of completion and contact number:

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Do you currently have a medical doctor or psychiatrist? \_\_\_\_\_

If yes, please list the doctor's name and phone number

Doctor's Name: \_\_\_\_\_

Doctor's Phone Number: \_\_\_\_\_

Please list all prescribed medications you are currently taking (amounts and times a day taken). It is your responsibility to inform staff of any changes in prescribed medications. Please note that failure to disclose any and all currently prescribed medications may result in discharge from the house. Please note: We do not allow Suboxone, Methadone, Subutex or any other opiate based maintenance medications.(You must keep all approved medication in a locked box or on yourself at all times)

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List any diagnosed medical or psychiatric conditions (anxiety, depression, anger, ADHD, ect.). Please note that A.R.E. Homes LLC will require a full medical screening prior to entry conducted by a licensed practicing doctor if you are not directly transferring from a residential treatment facility. Any conditions that may prevent an applicant from full participation in the A.R.E. Homes daily schedule must be fully disclosed prior to admission.

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Are you currently pregnant? \_\_\_\_\_

Are you currently on probation, parole or extended supervision? \_\_\_\_\_

Do you currently have any open criminal cases? \_\_\_\_\_

If yes, please explain \_\_\_\_\_

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Are you currently required to report to drug court, pretrial supervision or any other regulatory entity? \_\_\_\_\_

Are you currently required to register on the state sex offender registry? \_\_\_\_\_

On a scale of 1 to 10, how supportive is your family in regards to your recovery? \_\_\_\_\_

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Applicant Signature

Date

## Arrival Information

### A.R.E. Homes Philosophy and structure

At A.R.E. Homes we believe that each client is unique and must be treated that way, however, certain aspects must be included in each individual's recovery. At A.R.E. Homes we help our clients find what will work for them by matching each client up with a recovery coach to help you figure out what successful recovery looks like while providing a sober environment for clients to transition back into the community. Each client will look at certain areas in their life with an assigned recovery coach, and choose what will work long term for their recovery. Areas include but are not limited to support, social life, finances, job/school, hobbies, exercise, overall health, spiritual/religious, giving back and healthy family structure. We believe we need to meet you where you are at, and help you find what recovery looks like to you.

Along with coaching, all residents must participate in the A.R.E. Homes community and must attend house meetings unless prior approval is given by staff. House meetings will be held Tuesday at 6:00pm and to be determined by availability of staff and residents (we will try to work with work schedules).

Because the whole family hits a bottom during their loved ones addiction, all families are highly encouraged to use the yearlong program, Be A Loving Mirror offered through Family Recovery Resources LLC to learn how to support, not enable, and how to heal as a family.

### Personal Items

Upon arrival at A.R.E. Homes LLC, all property will be searched and approved. This is done to keep the residents and the community safe. Items that are inappropriate will be held in the safe, disposed of or donated to charity.

### Things to Bring

-TWO suitcase and ONE backpack maximum	-Insurance Card
-Laundry bag or hamper	-Prescription Medication (must be cleared by staff)
-Set of Towels	-Toiletries (alcohol-free)/ tote to hold toiletries
-Laptop, cell phone, tablet***	-Appropriate reading Material, books, magazines
-Driver's License or passport, social security card	-iPod or other personal music listening device***
-Resume	-Alarm clock
-Pillow, linens for a regular twin bed	-Swimming suit/ towels
-Appropriate everyday clothing (t-shirts, shorts, sweatpants, ect.)***	-Comfortable shoes, house slippers
-Dress clothing for work or job interviews	-Food, meals and snacks (you are responsible for your own meals)
-Coat, Raincoat, Sunglasses	-DVD video's (not responsible if lost/damaged/stolen)***
-Watch	
- Photo of your support system	<b>*Any items not on this list must be approved by staff</b>

\*\*\*Any items at any time may be restricted by staff

### Things not to Bring

-Weapons, including pocket knives	-Gaming systems, TV's
-Drugs or Alcohol	-Drug paraphernalia
-More than two suitcases and one backpack of clothing	-Clothing or other items suggestive of alcohol or drug use, promoting sexism, racism or homophobia
-Heating pad or electric blankets	-Valuable jewelry or expensive clothing
-Pets	-Pornography

Note: any and all personal belongings left on the premises of A.R.E. Homes LLC for more than 48 hours after voluntary or involuntary discharge from the A.R.E. Homes LLC program become property of A.R.E. Homes LLC and by signing below I give A.R.E. Homes LLC permission to dispose of these items however they see fit. By signing below I also agree that any theft, loss, or damage of any kind to any personal property is not the responsibility of A.R.E. Homes LLC, and that I will not hold A.R.E. Homes LLC responsible. Items of personal or monetary value should not be brought to the facility.

## **A.R.E. Homes LLC Home Rules and Guidelines:**

- Racism, sexism, homophobia, or any comments, attitudes, and / or behaviors that are derogatory towards any group or individual are not acceptable in any context or circumstances at any time, and are grounds for expulsion.
- Any behavior that constitutes bullying as determined by the A.R.E. Homes LLC community is grounds for immediate expulsion.
- A.R.E. Homes LLC require a 1 month minimum commitment, this program is not a week-to-week living situation.
- All clients will not be able to leave A.R.E. Homes for the first 24 hours unless approved by staff.
- Clients will not be able to leave overnight unless approved by staff.
- Families will have access to family coaching provided by Family Recovery Solutions LLC.
- Clients must arrange their own transportation to A.R.E. Homes LLC.
- Vehicles will be permitted for residence with a valid driver's license and insurance.
- Proper personal hygiene is mandatory.
- Proper clothing must be worn at all times and will be determined by staff.
- No pornography of any kind.
- No physical altercations.
- Noise levels will be kept to a reasonable level determined by staff.
- Be respectful of our neighbors.
- No smoking or vaping in the house.
- No instruments or loud music after 10:00pm.
- Refusal to complete any drug screening is cause for expulsion.
- Attend the house meetings Tuesdays and any others TBD.
- You must actively work with your assigned recovery coach and actively work to complete weekly assignments you set for yourself.
- Bed must be made by 10:00am on the weekdays, 11:00am on the weekend.
- Complete individually assigned chores at designated times.
- Room must be kept clean (no mess on floors).
- Opposite gender and children are only aloud in common areas until curfew.
- Any visitors may be asked to leave at any time for any reason.
- Residents are not allowed in other residents bedrooms without permission.
- Curfew is 10:30 p.m. Sunday through Thursday and 12:00 a.m. Friday and Saturday unless approved by staff.
- Community house electronics will be turned off by 12:00am (TV, computer, ect.).
- Groceries are not included, residents will be responsible for their own food and meals.
- Fees are \$795 per month (30 days) after the first month, payable before next months stay.
- Find a job and work 30 hours per week or actively search for employment, schooling or volunteer opportunities.
- Failure to fully disclose any prescription medication, or the use of any prescribed medication not in accordance with the stated directions for use is grounds for immediate expulsion.
- All personal items must be removed from the premises within 48 hours of completing your stay at A.R.E. Homes LLC.
- Follow any and all other rules made or updated by staff.

By signing below I state that I understand that failure to uphold any and all of these standards may result in expulsion from the program and forfeiture of all fees paid to A.R.E. Homes LLC.

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Applicant Signature

Date

## Financial Agreement

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A.R.E. Homes LLC is committed to providing the best treatment to our clients and we charge what is usual and customary for our area. You are responsible for payment in advance of services.

**Initial Non-refundable Fee of \$200 Includes: Intake, Orientation and Program Introduction, Drug test**

### Fee Schedule

Months 1 - \$995 Which Includes:	Month 2 and all subsequent months are \$795 Which Includes:
Housing	Housing
Utilities – Internet, WiFi and Cable included	Utilities - Internet and Cable included
Gym membership	Gym membership
Urine Testing (as required)	Urine Testing (as required)
Sundries (toilet paper, cleaning supplies, laundry detergent, dish soap, ect.	Sundries (toilet paper, cleaning supplies, laundry detergent, dish soap, ect.
1 hour per week recovery coaching	1 hour per week recovery coaching with My Recovery Project LLC
A.R.E. Homes T-shirt and support bracelet	Communicable disease testing through ARCW (every 3 months)

### Total Cost

**Month 1**                    **\$200 entrance fee + \$795 / month = \$995 total**  
**Months 2 and on...**    **\$795 / month**

All fees at A.R.E. Homes LLC are 100% non-refundable in the first month. Families can purchase the Family coaching package through A.R.E. Homes at a reduced rate for one year offered by Family Recovery Resources, regardless of their loved ones length of stay. Payment is accepted by check, certified cashier's check, cash, or via credit card.

**A.R.E. Homes LLC works with a sliding scale fee for families based on income depending on availability and desire of the client.** Scholarship funds are available through fundraising efforts and private donations to A.R.E. Homes LLC. Ask to find out if we have scholarships available and if you are eligible.

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Applicant Signature

Date

## The Daily B.A.L.M. Comprehensive Family Program

Treatment is a great beginning, but what happens when the addict returns home? When families learn the **Be A Loving Mirror** Method they become crucial supporters of sobriety in the home, and they find greater joy and peace for themselves in the process. Please add 4 members of family below.

THIS COURSE IS FOR...Family members of clients in sober living at A.R.E. Homes LLC

### THIS POWERFUL THREEFOLD EDUCATIONAL PROGRAM INCLUDES:

#### INFORMATION ~ THE DAILY BALM COURSE

##### DETAILS:

- ~Weekly Recorded Lessons on the BALM Family Recovery Principles
- ~Over 100 Recorded Calls including: Interactive Discussions, Interviews with Experts, Interviews with People in Long-term Recovery, Interviews with Family Members in Recovery
- ~Workbook for each lesson
- ~PowerPoint for each lesson

##### PLUS:

~**Weekly Live Calls every Wednesday evening** featuring a panel of coaches! These calls include discussions, Speakers, and Expert Interviews! As a class participant, you are encouraged to join in! Afterward, the recording will be posted online for you to enjoy!

#### TRANSFORMATION ~ 7 STEPS TO BALM

BALM is the acronym for Be A Loving Mirror, the signature program of Family Recovery Resources.

### WHAT IS A BALM CONVERSATION?

- ~ A mini-intervention you can have with your loved one.
- ~ A 7 step process that transforms conversations and turns chaos to sanity.
- ~ A method of bringing sanity into the relationships, improving your loved one's chances of getting well.

##### During class, you will:

- ~ learn the steps of the method
- ~ study processes to help with implementation
- ~ practice what you are learning with a partner

##### In between classes, you will:

- ~ work with a buddy on the phone
- ~ practice with clients, family and/or friends

#### SUPPORT ~ WEEKLY GROUP COACHING CALL

Weekly opportunity to work with a coach in a group setting. Each week, participants bring current issues they would like to approach using the BALM method. The coach introduces tools, exercises, and insights to provide BALM families additional opportunities to grow their family recovery.

Name:

Phone:

Email

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## **Signatory and Financial Terms and Conditions:**

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I understand that A.R.E. Homes LLC is not responsible for relapse and prohibits all drug and alcohol use on its premises. I understand that A.R.E. Homes LLC is not a treatment center and does not have 24 hour staffing, counseling or medical staff. I understand that A.R.E. Homes LLC methods are not guaranteed, and relapse may occur in which case, A.R.E. Homes LLC is not to be held responsible and clients may be discharged from the program.

I also agree that I will not hold A.R.E. Homes LLC legally, morally, financially, or in any other form responsible for anything that occurs while taking part in the program, or anything that happens to any resident or is done by any resident at any time for any reason. I understand that A.R.E. Homes LLC is not responsible for lost or stolen property.

I agree that any and all payments made to A.R.E. Homes LLC will be made on time (monthly) and are 100% non-refundable. A.R.E. Homes LLC may however, reserve the right to refund money at the owner's discretion or apply it towards a future re-entry at A.R.E. Homes LLC.

I understand that A.R.E. Homes LLC reserves the right to ask any resident to leave at any time for any reason with or without just cause. I understand that residents will not be under 24 hour supervision and that residents will never be restricted from leaving the facility.

I understand and agree that A.R.E. Homes LLC and anyone affiliated with them, employed or not employed by A.R.E. Homes LLC, is not responsible for any injury, death, or harm done to any resident or by any resident. I agree and understand that A.R.E. Homes LLC is not a treatment center or facility that is licensed by any state to provide therapy or treatment to residents for any reason. A.R.E. Homes LLC is a sober living home.

By signing below I agree that I have read and fully understand all of the above information. I assert that I have read and understand all admissions requirements, house rules and housing fees. I affirm that all information supplied by myself is true and accurate to the best of my knowledge.

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Applicant Signature

Date

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Payer Signature (If different from Applicant)

Date

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Signature of Director

Date

**Please sign and either email documents to [jacobjansen20@gmail.com](mailto:jacobjansen20@gmail.com) or mail to 195 Debbie Dr. Waukesha, WI 53189 or hand deliver on date of admission.**